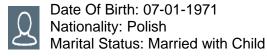


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Education

 Makerere University, College of Health Sciences (Kampala-Uganda)

Doctor of Philosophy (Ph.D.), Pharmacology and Therapeutics

 Twhwane University of Technology, Pharmaceutical Sciences, (Pretoria-South Africa)

Research Collaboration

Medical University Łódź, Department of Biology and Pharmaceutical Botany, (Lodz-Poland)

Research Collaboration

Medical University Warszawa, Department of Pharmacognosy, (Warszawa-Poland)

Research Collaboration

 University of Physical Education, College of Health Sciences (Krakow-Poland)

Masters in Psychosomatic Rehabilitation

 School of Natural Medicine, British School of Iridology (Colorado, USA)

Naturopathic Doctor (Master Iridologist, Master Naturopath, Master Herbalist)
Certified by: American Naturopathic Medical Certification & Accreditation Board

Life Spa Ayurvedic Healing Center

Certificate in Ayurvedic Medicine & Panchakarma Therapy

2016 – To date

2017 - 2018

2018 - 2021

2019 - 2021

1994 - 2000

1995 - 1999

1995 - 1998

Publications:

Nowak, J., Wambebe, C., Mukonzo, J. and Katuura, E. (2021). Cytotoxic
 Activity of Combining Molecular Iodine and Dihydroartemisinin with Methanol
 Extracts of Carica papaya Linn and Vernonia amygdalina Delile Leaves
 against MCF-7 and MDA-MB-231 Breast Cancer Cell Lines. Tropical Journal
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Nowak, J., Katuura, E., Mukonzo, J. and Wambebe, C. (2021). Safety evaluation of oral toxicity of potential anticancer agents: An acute and subchronic toxicity studies of combinations of *Carica Papaya* Linn, *Vernonia Amygdalina* Delile and dihydroartemisinin. *African Journal of Biomedical Research*, 24, 413-420.

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- Nowak, J., Kiss A., Wambebe, C., Katuura, E. and Kuzma, L. (2021). Tenative qualitative and quantitative analysis of phenolic compounds in leaf extract from *Carica papaya* Linn plant growing in Uganda. *Herba Polonica*, 67(4), 1-9. https://sciendo.com/article/10.2478/hepo-2021-0029
 - Nowak J., Kiss A., Wambebe C., Katuura E. and Kuzma L. (2022).
 Quantitative analysis of phenolic compounds in leaf extract from *Vernonia amygdalina* Delile plant growing in Uganda. *Applied Sciences*, 12, 912.
 https://www.mdpi.com/2076-3417/12/2/912
 - Nowak Jadwiga & Osunsan, O.K. (2015). Foreign Connection: Foreign
 Workers and Internationalization among Small Business Enterprises in
 Kampala, Uganda. American International Journal of Research in Humanities,
 Arts & Social Sciences, 10(2), 114-118.
 - Nowak Jadwiga & Osunsan, O.K., Mabonga, E., Pule, S., Kibirige, A.R., & Baliruno, J.B. (2015). Firm Age and Performance in Kampala, Uganda: A Selection of Small Business Enterprises. International Journal of Academic Research in Business & Social Sciences, 5(4), 364-374



Work History

2008 - To date

Eostre World Limited

Founder & MD

- Formulation of medicinal Herbal Teas and various herbal supplements; production, management and related activities
- Health Consultant

CSCA (Children's Sport Charity Academy, Care Skilling Center Africa)

Founder & MD

2013 – To date

2015 - 2020

Agape Medical Centre -Kasangati-Uganda

Health Consultant

2013 - 2015

International School of Uganda

Special Needs Children Support

2007 - 2010

Wagagai Uganda Ltd

Health Consultant

2005 - 2010

Health Retreats

Organizing & Conducting multiple Health/Educational Retreats in Uganda and Kenya

2002 - 2010

Eostre Herbal Research Center

Founder & Lead Researcher



Accomplishments

- 2013- Ongoing: Not For Profit Organization: Founder and Director of CSCA (Children's Sports Charity Academy/Care Skilling Center Africa), Kampala, Uganda
- 2004-Ongoing: Voluntary health consultation support services for less privileged community, Kampala, Uganda
- Conferences/Presentations:
 - Trans-NCI-NIH Conference on International Perspectives on Integrative Medicine for Cancer Prevention and Cancer Patient Management, October 27–30, 2020
 - 2018 World Cancer Congress, JCO Global Oncology; <u>Evaluating</u> the Synergistic Effects of <u>Carica papaya Linn</u>, <u>Vernonia</u> <u>amygdalina Delile</u>, <u>Artemisinin and Iodine As Potential Agents in</u> the Management of Breast Cancer



Affiliations

- Member of American Naturopathic Medical Association
- NACOTA: National Council of Traditional Healer and Herbalist Association of Uganda



Hobbies

- Sports: 2nd Dan Black Belt in WTF Taekwondo
- Dancing
- Painting
- Philanthropist Activities

References

- Mr. Enoch Rukidi, Senior Partner Kasirye, Byaruhanga &. Company Advocates, Plot 33 Clement Hill Road, Kampala Uganda +256-75-2702804
- Dr. John Douillard, Life Spa 6662 Gunpark Drive East, Boulder, Colorado, <u>linfo@lifespa.com</u> +1-303 516 4848
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